

**Coach Lawyer**  
**Physical Education**  
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**Purpose**

The purpose of our PE program is to build mentally and physically strong young men and women, who will take the traits of integrity, self-discipline, and hard-work into society.

**Philosophy**

Our athletic programs will be built in the following order:

- 1.) Character
- 2.) Academic Performance
- 3.) Student Performance/Games

It is our goal to produce athletes who will have the courage to not only compete in the face of any adversity, but compete with passion. We will strive to produce students who have an understanding that execution is important in every aspect of life, and achievement comes with experience, learning and hard work. We will develop teamwork and have integrity in everything we do.

Rules:

1. Have respect for everyone and property
2. Have integrity, always do what is right
3. Proper shoes, **no crocs, open toed shoes, or boots. Tennis shoes only.**
4. You do not have to dress out, but have the option to, but not mandatory.
5. Have fun at all times.

Consequences for not dressing out-proper shoes:

1. 1st offense: 25 push ups
2. 2nd offense: 25 push-ups and 25 burpee's
3. 3rd offense: 25 push-ups, 25 burpee's, walk the rest of the period.

Thank you and if you have any questions, please email me.

**POLICY AGREEMENT**  
**(Must be returned by August 14th, 2023)**

I, \_\_\_\_\_, the parent/guardian, and my child, \_\_\_\_\_, understand the expectations, rules and policies of the Millsap Physical Education program and agree to follow them and understand the consequences that will result in failing to do so as well.

Parents/Guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student signature: \_\_\_\_\_ Date: \_\_\_\_\_

